Monday	Younger	Middle	Middle	Older	Teen	
8:00	Counselors arrive	Counselors arrive	Counselors arrive	Counselors arrive	Counselors arrive	
8:15	at 8 am	at 8 am	at 8 am	at 8 am	at 8 am	
8:30	Prep and review	Prep and review	Prep and review	Prep and review	v Prep and review	
8:45	plans	plans	plans	plans	plans	
9:00	Check in/Free	Check in/Free	Check in/Free	Check in/Free	Check in/Free	
9:15	play	play	play	time (make Brave Buck bags)	time	
9:30		Assembly Time &	Assembly Time &			
9:45	Sticker sheets/circle time	Introductions	Introductions	Assembly Time		
10:00		JCs intro	JCs intro		Assembly time	
10:15	Very Quiet Cricket book & intros to workbooks		What is Anxiety/Relaxatio n	JCs Intro		
10:30	JCs Intro	Snack/Recess	Snack/Recess	Snack/Break	JC Intro & Break	
10:45	Snack/Recess					
11:00	Why We Practice	Why We Practice	Why We Practice	Why we Practice	Why we Practice	
11:15	villy we Flactice		viny vvo i radiide			
11:30					Lunch/Break	
11:45	Lunch/Recess	Lunch/Recess	Lunch/Recess	Lunch/Recess	Lunch/break	
12:00						
12:15	Goal setting, role	Verbal Board	Prize store	Free Play & Practice	Art	
12:30	Goal setting, role play (Art practice)					
12:45			A	rt	Introductions	
1:00	Prize store	Prize Store			Ice Breaker	
1:15				Prize Store		
1:30	A	rt	Verbal Board	Verbal Board Games	Motivation	
1:45			Games			
2:00	0 Verbal Play				(Break at 1:45)	
2:15	outside	Break	Break	Break		
2:30	Prize store delivery, Circle time & recap	T TIZE Store delivery	Prize store delivery, Counselors meet with parents		Assembly &	
2:45		Counselors meet			recap; counselors meet with parents	
3:00						
3:15	Counselor recap	Counselor recap	Counselor recap	Counselor recap	Counselor recap	
3:30	the day & fill out session forms	the day & fill out session forms	the day & fill out session forms	the day & fill out session forms	the day & fill out session forms	
3:45						
4:00						

Tuesday	Younger	Middle	Middle	Older	Teen	
8:00						
8:15						
8:30	Counselors arrive	Counselors arrive	Counselors arrive	Counselors arrive	Counselors arrive	
8:45	Prep time	Prep time	Prep time	Prep time	Prep time	
9:00 9:15	Check in/Free play	Check in/Free play	Check in/Free play	Check in/Free time	Check in/Free time	
9:30	Circle time &				Assembly time	
9:45	"Tomorrow I'll be Brave"	Assembly Time	Assembly Time	Assembly Time & Goal Setting		
10:00	Therapy Dogs		Break/Snack/ Practice	a coal celling	Thinking Traps	
10:15				Break/Snack/ Practice	Break/Snack	
10:30	0 1/5	Snack/Break/				
10:45	Snack/Recess	Practice	l nerap	y Dogs	Initiation	
11:00	Psychoeducation	Giving &	Giving &	Prize store		
11:15	about AnxietyUse	Receiving Compliments	Receiving Compliments	Motivational	Therapy Dogs	
11:30				Interviewing		
11:45	Princess Visit	Lunch/Recess	Lunch/Recess	Lunah/Drask	Lunch	
12:00				Lunch/Break		
12:15				Danaa Diama	DI 0 II	
12:30	Lunch/Recess Princes		ss Visit	Person Bingo	Phone Calls	
12:45				Practice		
1:00		Prize Store	Prize Store	Interrupting	Team Building	
1:15	Verbal games	Practice	Practice	Giving &	Activity	
1:30	_ verbai gaines	Interrupting	Interrupting	Receiving Compliments		
1:45	Person bingo			·		
2:00		Person bingo Person Bing	Person Bingo	Person Bingo	Team Building	Cognitive
2:15				Activity	Restructuring	
2:30	Prize store & Closing Circle	30	Assembly & Store Delivery			
2:45				Assembly & Store Delivery	Assembly	
3:00	Counselors recap the day & complete session forms	Coupodoro	Coupodoro	Counselors	Counselors	
3:15		Counselors recap the day &	Counselors recap the day &	recap the day &	recap the day &	
3:30		complete session	complete session	complete session	complete session	
3:45		forms	forms	forms	forms	
4:00						

Wednesday	Younger	Middle	Middle	Older	Teen
8:00					
8:15	0	0	0	0	0
8:30	Counselors arrive	Counselors arrive	Counselors arrive	Counselors arrive	Counselors arrive
8:45	Prep	Prep	Prep	Prep	Prep
9:00	Check in/Free play	Check in/Free play	Check in/Free play	Check in/Free time	Check in/Free time
9:15	piay	piay	piay	unic	unc
9:30 9:45	Circle Time	Assembly Time	Assembly Time	Assembly Time	Unexpected Things
10:00	Snack/Recess	Break/Snack	Story time: "Daredevil Duck"	Snack/Break	Maintaining
10:15	Story time: "You are Brave"	Story Time: "Daredevil Duck"	Break/Snack	Prize Store	Conversation
10:30	Interrupting/Getti	Making Phone	Making Phone		Break/Snack
10:45	ng attention lesson & practice	Calle	Calls	Obstacle Course	\\/
11:00		Prize store		Maintaining	Watch Kohlmeier Video
11:15	Lunch/Recess		Lunch/Recess	Conversations	Video
11:30		Lunch/Recess			Goal Setting
11:45	Prize store			Lunch/Break	Goal Setting
12:00			Obstacle Course		
12:15	Howell Nature Center		Obstacle Oddise	Unexpected Things	Lunch/Break
12:30					
12:45			Prize store	90	
1:00	Mock eye exam				Assertiveness
1:15					
1:30			Howell Nat	ure Center	Ma ala avea aveana
1:45					Mock eye exam
2:00	Obstacle course	Obstacle Course			
2:15			Mock e	e exam	Howell Nature Center
2:30	Closing Circle	Closing	Closing	Closing	Center
2:45		sing Circle Assembly	Assembly	Assembly	Closing Assembly
3:00	Counselors	Counselors	Counselors	Counselors	Counselors
3:15	recap the day &	recap the day &	recap the day &	recap the day &	recap the day &
3:30	complete session	complete session	complete session	complete session	complete session
3:45	forms	forms	forms	forms	forms
4:00					

Thursday	Younger	Middle	Middle	Older	Teen
8:00					
8:15					
8:30 8:45	Counselors arrive at 8:30	Counselors arrive at 8:30	Counselors arrive at 8:30	Counselors arrive at 8:30	Counselors arrive at 8:30
	G 6 G. 6 G. 6				
9:00	Check in/Circle	Check in	Check in	Check in	Check in
9:15	time on GV grounds				
9:30				Assembly Time	
9:45	01	Assembly time	Assembly Time		Introduce group
10:00	Story time: Leo's Words Disappeared		·		project
10:15	Marila al Octobra	Counselors meet	Counselors meet	Counselors meet	0
10:30	Verbal Games; Counselors meet w/ parents	with parents Story time: Leo's Words Disappeared	with parents Story time: I am Brave	with parents; Making & Receiving Calls	Counselors meet with parents; Compliments
10:45					
11:00					
11:15					
11:30					
11:45	Lunch and scavenger hunt at Greenfield Village with	Lunch and scavenger hunt	Lunch and scavenger hunt	Lunch and scavenger hunt	
12:00		at Greenfield	at Greenfield	at Greenfield	Lunch and
12:15		Village with	Village with parents	Village with parents	scavenger hunt at Greenfield
12:30	parents	parents	parents	parents	Village
12:45					
1:00					
1:15					
1:30		Closing	Closing	Closing	
1:45	Circle time	Assembly	Assembly	Assembly	Closing assembly
2:00	Counselors recap the day & complete session forms		Counselors	Counselors	
2:15					Counselors
2:30		recap the day & complete session	recap the day & complete session		recap the day & complete session
2:45		forms	forms	forms	forms
3:00					
3:15					
3:30					
3:45					
4:00					

Friday	Younger	Middle	Middle	Older	Teen
8:00					
8:15					
8:30	Counselors arrive	Counselors arrive	Counselors arrive	Counselors arrive	Counselors arrive
8:45	Prep	Prep	Prep	Prep	Prep
9:00 9:15	Check in/Free play	Check in/Free play	Check in/Free play	Check in/Free time	Check in/Free time
	p.e.y				
9:30	Circle time	Assembly & Relaxation	Assembly & Relaxation	Assembly Time Group	
9:45		TCIAXATION	relaxation		Group Project
10:00	State Trooper		Snack/Practice	Break/Snack	
10:15		-		Prize Store	
10:30					Oral
10:45	Snack/Practice	Snack/Practice	State T	rooper	Presentations
11:00					
11:15	Show & Tell	Sharing Time	Sharing Time	Oral Presentations	State Trooper
11:30	Show & Tell	Sharing Time	Sharing rime		
11:45	Story Time: "I am Brave"	Set goals & Practice	Set goals & Practice	Presentations	
12:00				Lunch/Break	Lunch/Brb. eak
12:15	Lunch/Recess	Lunch/Recess	Lunch/Recess		
12:30					
12:45	Prize Store	Motivational	Motivational	Practice Goals	Exposure
1:00		Interviewing	Interviewing	Final Reflections  Kona Ice Truck	Hierarchies
1:15					
1:30	Kona Ice Truck & Outside Play	Kona Ice Truck	Kona Ice Truck		
1:45	a Guiside Flay	& Outside Play	& Outside Play	& Outside Play	
2:00					Goodbyes
2:15	Break	Prize Store	Closing Ceremony	Closing Ceremony	Free time/T-Shirt signing
2:30	Closing Ceremony Circle time/Goodbyes	Closing Ceremony	Prize store	Free time/T-Shirt signing & Goodbyes	Awards & Closing
2:45		Circle time/Goodbyes	Circle time/goodbyes		Ceremonies
3:00	Counselors recap the day & complete session forms	Counselors Counselors	Counselors	Counselors	Counselors
3:15		recap the day &	recap the day &	recap the day &	recap the day &
3:30		complete session	complete session		oncomplete session forms
3:45		forms	forms		
4:00					